

## HS RE COURSE DESCRIPTIONS

### **Catholic Identity**

This course focuses on understanding the treasure, the gift, the challenge, and the sacrament that is the Church. Students are supported as they grow in their faith and in their knowledge about the basic truths of the Catholic faith. This course encourages young people to make the mission of the Church their own and to set their heart on all that is good, holy and true about being a young Catholic in the world today. *(Description taken from course manual)*

**Offered: Summer & Trad. Wednesday Evenings**

### **Liturgy, Sacraments and Prayer**

This course will provide an understanding of the nature of liturgy and the connections between the sacraments and the lives of young people. Such knowledge and understanding about the sacraments will enable the young people to give liturgy and the sacraments the rightful place they deserve in their lives-not as the events that compete with entertainment, school, and sports, but as events that give meaning to all of life's experiences.

*(Description taken from course manual)*

**Offered: Summer & Trad. Wednesday Evenings**

### **T3: The Teen Timeline**

This course on scripture makes the Bible come alive for Catholic teens! When teens are given the chance to understand the whole story, they are compelled to dive deeper into it. This course provides a way for teens to see the Bible as something good and relevant-and then make it part of their lives.

**Offered: Summer only**

### **Love, Dating & Relationships (*Theology of the Body for Teens*)**

God's plan for life and love is so profound and beautiful that, once it is revealed to us, we'll never look the same way at the relationship between a man and woman. This course will provide students with the "real truth" of their sexuality giving them not only a sense of freedom but a better understanding of God's love for them.

**Offered: 3pm-6pm Sundays in October and November 2009**