



SEAS Easter Message Series WEEK #3
Go Deeper Individual or Group Study Guide

Summary of Easter Message Week #3 Do you consider yourself to be a sinner? Do you believe that you need to have your sins forgiven? On this Third Sunday of Easter our focus is on the “power of forgiveness.”

GO DEEPER with the VIDEO & HOMILY: In preparation for meeting as a group, watch the video and read the homily provided on the parish website www.seasp.org before the group meets.

Opening Prayer:

From scripture read and reflect on the Sunday Gospel: **Luke 24:35-48**
What specifically touched you in this reading?

Individual Reflection or Discussion Questions:

1. What from the message video or homily stood out to you this week?
2. Which of the following is most difficult for you? Easiest for you?
 - a. Forgiving yourself
 - b. Forgiving others
 - c. Asking for forgiveness from Others
 - d. Asking for God's forgiveness through the Sacrament of Reconciliation
3. What is your experience of God's forgiveness? How forgiving are you?

Go Deeper as a group on the Church's Understanding of the Sacrament of Penance and Reconciliation:

- ✓ Read: *United States Catholic Catechism for Adults Ch. 18, (pp. 233-247)*
Online version: <http://ccc.usccb.org/flipbooks/uscca/files/assets/basic-html/page-1.html#>
- ✓ Go through the “For Discussion” questions on p. 244 as a group.

Closing Prayer- Listen to “Same Power” by Jeremy Camp or pray the lyrics:

<https://www.youtube.com/watch?v=InsifiZxVXU>

SAME POWER by Jeremy Camp

I can see
Waters raging at my feet
I can feel
The breath of those surrounding me
I can hear
The sound of nations rising up
We will not be overtaken
We will not be overcome

I can walk
Down this dark and painful road
I can face
Every fear of the unknown
I can hear
All God's children singing out
We will not be overtaken
We will not be overcome

The same power that rose Jesus from the grave
The same power that commands the dead to wake
Lives in us, lives in us
The same power that moves mountains when He speaks
The same power that can calm a raging sea
Lives in us, lives in us
He lives in us, lives in us

We have hope
That His promises are true
In His strength
There is nothing we can't do
Yes, we know
There are greater things in store
We will not be overtaken
We will not be overcome

Greater is He that is living in me
He's conquered our enemy
No power of darkness
No weapon prevails
We stand here in victory

The same power that rose Jesus from the grave
The same power that commands the dead to wake
Lives in us, lives in us
The same power that moves mountains when He speaks
The same power that can calm a raging sea
Lives in us, lives in us
He lives in us, lives in us AMEN